

Guidance and counselling

In charge
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Objectives :

to enable the student teacher to :

1. Understand the concept and need of Guidance
2. Get acquainted with the principles and procedure of guidance
3. Develop understanding about the role of school in guidance
4. understand the various area in guidance
5. 1. Understand the concept and need of Counseling
6. Get acquainted with the principles and procedure of Counseling
7. Realise the qualities and role of school counselor
8. Understand the tools and technique in guidance and counseling
9. Realize the need of counseling children with special needs and for parents
10. To get acquainted with issues and new trends in Guidance and Counseling.

Syllabus

Unit-1 Guidance in School

1.1 Meaning, Concept and need of guidance

1.2 Principles of guidance

1.3 Procedure of Guidance (steps)

1.4 Procedure of Guidance . seven point plan in Guidance.

1.5 Area- Personal, Education and Vocational Guidance seven point plan in Guidance.

1.4 Role of School in Guidance .

Unit-2 Counseling in School

2.1 Meaning, Concept and Need of counseling

2.2 Principles of counseling

2.3 Process of counseling

2.4 Difference between Guidance and Counselling

2.5 Types- Directive, Non-directive and Eclectic counseling, Individual and group counselling.

Meaning of Guidance -

Guidance is a continuous process needed from childhood to old age. Guidance involves personal assistance , it helps every individual to help himself to recognize and use his own inner potential to set goal and to face the problems . The focus of guidance is the individual and not the problem. Its purpose is to promote the growth of individual in proper direction .



Definition of Guidance-

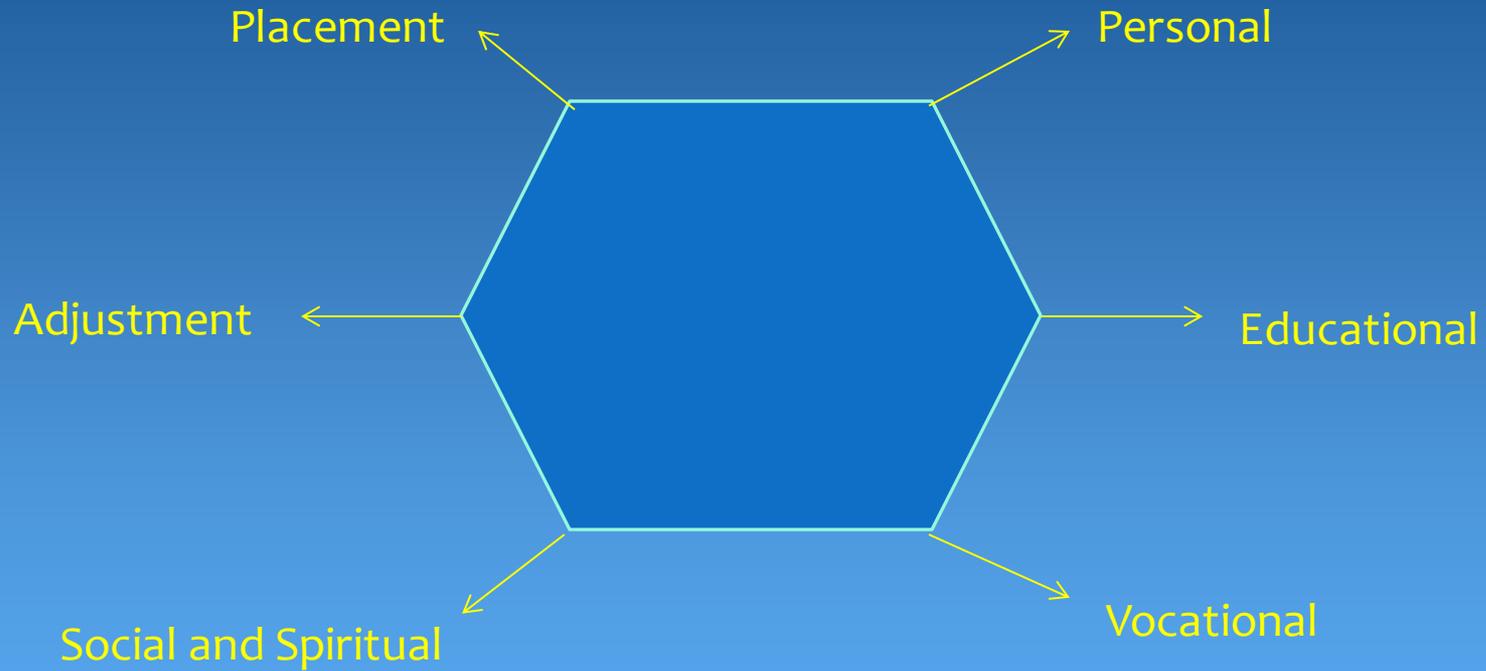
Brewer J.M.– Guidance is process by which an individual is able to guide himself.

Arthur, J. Jones—Guidance is the help given by one person to another in making choices and adjustment and in solving problem

Proctor– Guidance is a process through which an individual or group of individuals are helped to make necessary adjustment to the environment – inside or outside.

Good– Guidance is process of dynamic interpersonal relationship designed to influence the attitude and subsequent behavior of a person

Scope of Guidance



Need of Guidance

1. Complex nature of society
2. Changed family structure
3. Explosion of population and expansion in human resources
4. Political changes and Extension of democracy
5. Change in the concept of education
6. Proper utilization of leisure time
7. Lack of guidance t home

Principles of Guidance

- ❖ Guidance is for the total development of Personality.
- ❖ Guidance service is for everyone
- ❖ Giving importance to everyone.
- ❖ Giving importance to individual difference.
- ❖ Study of an individual and its Evaluation.
- ❖ Guidance must be a co-operative effort.
- ❖ Guidance is a lifelong process.
- ❖ Guidance promotes self-reliance and inspires self-development.
- ❖ Guidance should be imparted by trained person .
- ❖ Guidance is an integral part of the total education process.

Procedure(Steps) of Guidance

1. Collection of all the information or data.
2. 2.Diagnosis of the cause of the problem.
3. 3.Thinking about the remedial measures.
4. Rendering personal Guidance .
5. Follow-up service.

Seven point plan in Guidance

National Institute of Industrial Psychology, London has developed a scheme for the systematic study of a person. This scheme is known as Seven Point Plan . This scheme helps to determine whether a person is eligible to do a particular job or business. The following points were considered while preparing the scheme.

- The points should be measurable.
- The points should be limited.
- Each point should be distinct from other points.
- The points should be helpful to determine success or failure of a person in any field.

Seven point plan in Guidance

1. Physical makeup
2. Educational attainments
3. Intelligence
4. Special aptitude.
5. Interest.
6. Disposition.
7. Circumstance.

Areas of Guidance

1. Personal Guidance
2. Educational Guidance
3. Vocational Guidance

Personal Guidance

Personal Guidance is the assistance offered to a person to solve his social / emotional / moral and health problems.

In this world of struggle and competition , one has to strive hard for the satisfaction of his personal needs. For this purpose he has to make adjustment in so many aspects in different situations. He also faces problems in making adjustment to himself, others and with situation.

In this way one need personal assistance or help for satisfying one's personal need as well as for solving one's adjustment problem.

Definition of personal Guidance

Wilson—The purpose of personal Guidance is to help the individual in his physical, emotional, social, moral and spiritual development and adjustment.

Crow and Crow— personal Guidance refers to the help given an individual towards a better adjustment in the development of attitude and behavior in all areas of life.

Need of Guidance in Personal Area.

- ❖ Difficulty in understanding of the subject.
- ❖ To overcome student's difficulties.
- ❖ Problems related with Self-concept.
- ❖ Difficult to adjust to heterosexual relations.
- ❖ Financial problems
- ❖ Problems of accommodation.

Functions Of Personal Guidance

Personal Guidance has different functions at different stages.

These are the stages where personal guidance is required.

1. Pre-primary stage
2. Elementary stage.
3. Secondary stage.
4. College and University stage.

Educational Guidance

It is an intellectual attempt which is concerned mainly with different problem related to choose suitable subject for students, to complete it smoothly, to prepare student for future vocations etc.

Brewer– Educational Guidance is concerned strictly with the pupil's success in his educational career.

Jone– Educational Guidance is concerned with assistance given to pupil in the choice and adjustment with relation to school, curriculum ,courses and school life.

Scope of Educational Guidance

Following points are included in Educational Guidance.

1. For the evaluation of students. With the help of tests, inventories, observations, cumulative records, etc.
2. To help students to select appropriate curriculum according to their capacity, interest, and future needs.
3. To students to develop good study habits to gain success.
4. To help students for their all round development by participating in co-curricular activities..
5. To adjust with school and curriculum.
6. To make students aware about their capacities for school and college curriculum.

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7. To develop proper attitude towards education, school, college and curriculum.

8. To help students to select a course and realize own strength, weakness, interest, capacity, attitude, aptitude. etc.

9. . To help students to collect information about various courses, institutes, admission process, course duration, fees, hostel facilities etc.

10. To help students to get adjusted with the course, environment, and friends.

Vocational Guidance

Every young man requires advice as to what kind of work will be most suitable for him keeping in view his abilities and aptitude. When such advice is given it is known as vocational guidance.

John D. Crites:-- Vocational Guidance is a facilitative process, a service rendered to the individual to aid him in choosing and adjusting to an occupation.

Principles of vocational guidance.

Vocational Guidance strategies must be based on the following principles.

1. Occupation should be felt by everybody as a source of income.
2. Job is to be looked as important source of satisfying needs, abilities, interests and aptitude.
3. The pupil need to know the total perspective of the job for which he has taken interest to join.
4. Different social and personal factors should be considered at the time of selection of a particular occupation.

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5. The principle of individual deference should be taken into account at the time of offering vocational guidance programme

6 Vocational guidance service must satisfy the occupational needs of the student.

7. The proper selection of job is a time consuming process and it does not believe in single or fixed decision.

Scope of vocational guidance.

1. To help students to develop particular knowledge, skill, and capacities according to their jobs.
2. To get adjusted with the environment, work culture, and people in that profession.
3. to help students to utilize their skills, and knowledge to get adjusted with the needs of profession.
4. Tto think critically about education and profession.
5. to help students to take experience of professional world..

Thank you !